

**FREE HELP AND SUPPORT
FOR ANYONE
AFFECTED BY DOMESTIC
ABUSE**

“I could explain my feelings
and felt accepted. I didn’t
have to excuse myself or
justify anything.”

**Safer Futures is a domestic abuse support service
for children, young people, women and men in
Cornwall and Isles of Scilly.**

SAFER FUTURES

From early intervention to
recovery pathways, Safer
Futures helps anyone
affected by domestic
abuse.

Safer Futures Helpline

Monday- Friday 09:00 - 20:00
Saturday 09:00 - 1:00

0300 777 4 777

www.saferfutures.org.uk

SCAN TO MAKE ONLINE
REFERRAL OR VISIT
www.SaferFutures.org.uk





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**“I have come a long way
in six weeks with your
help and support.”**

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**“It has been really good
talking to someone who
got it.”**

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A close-up portrait of a woman with dark, curly hair and round glasses, looking directly at the camera with a calm expression. She is wearing a denim jacket.

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**“Every step was great,
very supportive from the
first stage to the last. It
brought back my self
confidence”**

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“I don’t often feel comfortable and safe to be myself but felt pretty much like I could do that the whole time.”

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